



Levittown Public Schools Adult Continuing Education Fall 2024 Course Catalog

REGISTRATION

In-person: Sept. 17th 3:30-5:30

Online: SEPT. 17th-23rd

YOGA

ZUMBA

CROCHET

PICKLEBALL

Fall
Semester
Begins Oct. 8th

AND
MANY
MORE

CPR



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ANY QUESTIONS?

EMAIL US at LEVITTOWNADULTED@LEVITTOWNSCHOOLS.COM

MESSAGE FROM THE COORDINATORS

Dear Community Members,

We hope that all of you had a very enjoyable summer! We are excited to welcome you back to the 2024-25 school year with more exciting classes through the Levittown Adult Continuing Education (A.C.E.) program. We have loved hearing all of the positive feedback about our classes, and our amazing instructors over the past year. It brings us so much joy to bring the Levittown schools community, and others, these great opportunities to be part of our program and enjoy every minute of their experience. We look forward to another successful session and hope to see you soon!

Sincerely,

Vin Causeman
Coordinator

Brittany Cirrone
Coordinator



DURATION

Most classes will run for 8 sessions. Please be aware of individual classes as some dates may vary. Courses may have the total number of weeks adjusted if necessary.

WHO MAY REGISTER?

Classes are open to adults 18 years of age or older.

Tuesday classes begin 10/8/24
Thursday classes begin 10/10/24

**unless noted otherwise*

NON-RESIDENT FEE

Those living outside the Levittown School District will be charged a \$5.00 non-resident fee for each class.

SENIOR CITIZEN DISCOUNT

Senior citizen discount will only be offered at in-person registration on October 16th from 3:30-5:30 pm at Levittown Memorial.

REGISTRATION INFORMATION

There will be two ways to register for classes:

IN-PERSON REGISTRATION

In-person registration will ONLY be available on September 17th from 3:30-5:30 pm at the Adult Education office located outside the Department of Instruction office at Levittown Memorial
150 Abbey Lane, Levittown

ONLINE REGISTRATION

Online registration will open at 3:30 on September 17th.

Visit www.Levittownschoools.com, click on PROGRAMS, then choose ADULT & CONTINUING EDUCATION. Once the page loads, you will then find the classes that are being offered. Click on the name of the class that you like to take and you will be asked to fill out required information. You will then be directed to make payment through MySchoolBucks in order to complete your registration. Please be aware that your registration is not approved until you receive an email confirmation.

NO CLASSES WILL BE HELD ON NOVEMBER 28TH

CANCELLATIONS & EMERGENCY CLOSINGS

A class session may not be able to meet due to unforeseen events. There will be no reduction in price if a session cannot be rescheduled. Every attempt will be made to reschedule any class that is cancelled based on the availability of the instructor and/or facility. Classes will not meet when Levittown schools are closed due to inclement weather, school holidays, etc. Evening classes will be cancelled if the Levittown School District cancels all after school activities.

REFUNDS

ABSOLUTELY NO FEES WILL BE REFUNDED unless a class does not run due to insufficient registration. In that event, a full refund will be made. There is no provision for a partial fee for missing classes that are in session.

The Board of Education of the Levittown School District, its employees and agents hereby disclaim any and all responsibility for any injury, damage, or loss whatsoever in connection with any course offered by the Levittown Adult Continuing Education program. All individuals take such courses at their own risk.

PHOTOS OF PROGRAM

Photos and videos will be taken of the classes, including its students, to use in District publications, press releases and/or social media. If there is any reason that you would not want to be photographed, please submit a written notice to:

Levittown Adult & Continuing Education
150 Abbey Lane
Levittown, NY 11756

October						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
November						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
December						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21

ALL CLASSES WILL BE HELD AT LEVITTOWN MEMORIAL, 150 ABBEY LANE, LEVITTOWN.

8 WEEK COURSES

PICKLEBALL

Whether you have never played before, or you are an avid pickleballer, this class welcomes players of all levels. This is an open doubles pickup league! You may sign up as an individual, or with a teammate. Teams that sign up together will play with the same partner every game each week. Individual players will be partnered up each week and partners will vary on a week to week basis. So whether you're seeking a recreational activity, a competitive outlet, or a way to stay active, this fast-paced and dynamic sport provides endless opportunities for growth, camaraderie, and pure enjoyment. If you own a racket, please bring it as there are a limited number of loaners available. Please wear sneakers and dress comfortably. **No senior discount for this class.**

Starts 10/10 & ends 12/5

Dieu Cai-Hsiu	Thursdays	5:30-7:00 PM	Gym	Fee=\$65
Dieu Cai-Hsiu	Thursdays	7:15-8:45 PM	Gym	Fee=\$65

ZUMBA

Join in this high-energy class that offers a unique blend of fitness, dance and entertainment. Enjoy a lively and energetic atmosphere that will allow you the opportunity to get active and have fun while engaging in an effective workout. Zumba offers a cardiovascular workout that can help burn calories, improve stamina, strengthen the heart and lungs as well as promoting toning and improved muscle strength. Come be part of this uplifting and enjoyable experience. **Starts 10/17 & ends 12/12**

Dajuana Reeves	Thursdays	6:30-7:30 PM	Panther Room	Fee=\$65
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YOGA

Join us for a transformative yoga class that is geared towards learners of all levels and all ages. This class will offer beginner yogis a place to land and advanced yogis a place to grow. In this dynamic class, students will be guided through multiple styles of Hatha Yoga, which helps to cultivate strength, flexibility, mobility and overall well-being. Come with an open mind and discover the tools of how to tap into mindfulness and self-care, both on and off the mat. Please dress comfortably and bring your own yoga mat, as well as any other additional props (ie: yoga blocks, blanket etc.) if desired.

Starts 10/8 & ends 11/26

Alexandra Euler	Tuesdays	6:00-7:00 PM	PAL Room	Fee=\$65
Alexandra Euler	Tuesdays	7:15-8:15 PM	PAL Room	Fee=\$65

MAH JONGG

Are you ready to embark on a journey into the world of Mah Jongg? This introductory course covers the basics of American Mah Jongg such as game play, rules, and etiquette. It is perfect for new players as well as anyone who wants to freshen up their skills. You will learn the hands and patterns that make up the heart of the game. This hands-on, interactive course will make learning Mah Jongg a fun and social experience! If you have a Mah Jongg set, you may bring it in. All players are required to purchase the 2024 Mah Jongg card. **No senior discount for this class. Starts 10/10 & ends 12/5**

Deena Feldherr	Thursdays	6:30-8:30 PM	Room 302	Fee=\$75
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ART JOURNALING

Art journaling is a creative practice that combines visual art and personal reflection into a journal format. In this class you will learn how to create and maintain an art journal while exploring the fundamentals of various artistic techniques such as drawing, painting, collage and mixed media. Art journaling is flexible and allows individuals of all skill levels to be successful. Supplies will be provided. **No senior discount for this class. Starts 10/8 & ends 11/26**

Christine Rucano	Tuesdays	6:30-7:30 PM	Small Board Room	Fee=\$70
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GUITAR II

Pick up your acoustic guitar and join us for Guitar II! This class will combine returning guitar students with new beginner guitar students. Our weekly class will focus on skills needed to strum along to favorite songs chosen by the class. You will also experience playing along with drums, recording your own loops and then guitar soloing over them. Short fingernails and willingness to have fun are a must! Absolute beginners welcome! You must come with your own acoustic guitar. **Starts 10/10 & ends 12/5**

Joe Arbia	Thursdays	6:30-8:00 PM	Room 312	Fee=\$65
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SPANISH to ENGLISH

Is English a new language you are learning? In this class you will learn to speak English with more confidence and fluency in real-life situations! Join us for an engaging learning experience that will empower you to navigate English with ease! **Starts 10/8 & ends 11/26**

Cindy Aladenika	Tuesdays	6:30-7:30 PM	Room 302	Fee=\$55
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CROCHET

This is a beginner's crochet class, which will cover the basics of crochet. At the end of the course, you will be able to create a scarf, hat and baby blanket utilizing the following stitches: single crochet, half double crochet and double crochet. All participants will be provided with 3 skeins of yarn and a crochet needle. Bring a small notebook in order to take notes. **Starts 10/8 & ends 11/26**

Dr. Tonie McDonald	Tuesdays	6:00-7:30 PM	Room 312	Fee=\$80
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ANY QUESTIONS?

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SEMINARS

FOUNDATIONS OF INVESTING

Does the current economic climate have you wondering what to do with your money? This one night seminar will help you learn about rules for investing. Lily Kowasz, a financial advisor for Edward Jones, will help you develop an investment strategy, choose quality investments, diversify your portfolio, invest for the long term and focus on what you can control.

Lily Kowasz **Thursday 10/17** **6:30-7:30 PM** **Small Board Room** **Fee=\$20**

KEEP THE INCOME FLOWING DURING RETIREMENT

Studies show that the biggest fear retirees have is running out of money before running out of life! Planning an effective retirement income strategy is more important than ever when facing a retirement that can span more than 25 years. This program will explore concepts that can help you to plan a retirement income strategy with the goal of maximizing income, minimizing taxes, staying ahead of inflation, managing market volatility and creating strategies that can provide lifetime income no matter how the markets perform. If you are retired or thinking about retirement, you will not want to miss this program.

Jeffrey R. Silverman **Thursday 10/10** **6:00-8:00 PM** **Small Board Room** **Fee=\$20**

PLANNING FOR YOUR CHILD WITH SPECIAL NEEDS

Parents have numerous issues to consider in planning for the long-term wellbeing of their children with special needs. With new tax laws and changes in government benefits, planning becomes even more important. This program will examine aspects that need to be considered in developing a life plan that will help to provide the best future possible. Topics will include: Creating financial security during uncertain times; Strategies to protect your child's assets; Special Needs Trusts; Government Benefits; Guardianship; and Future housing.

Jeffrey R. Silverman **Tuesday 11/26** **6:00-8:00 PM** **Small Board Room** **Fee=\$20**

SPECIALTY COURSES

CPR

Those interested in being certified in CPR/AED through the American Red Cross will learn the importance of performing CPR for the lay responder, and understand how an automatic external defibrillator works (AED) as well as when to use it. All those who successfully perform the skills and complete the requirements needed for certification will receive an official certificate from the American Red Cross in CPR/AED for Child/Adult good for two (2) years from the date issued. (2 nights) **No senior discount for this class.**

John Pollack **Tuesday 10/15 & 10/22** **6:00-9:00 PM** **Small Board Room** **Fee=\$70**

NOTARY

This is a great opportunity for anyone that wants to become a notary public. This is a pre-recorded Zoom Notary Course that allows you to work when it's convenient for you! This course can be accessed any time (Day or Evening) 7 days a week, 24 hours a day for 90 days. Additionally, Customer Support is just a click away. The online training course includes: instant access, a course book, notary concepts, definition review, sample forms, notary law subsection review, notary facts, notary prep test and 1 full year of customer support. **No senior discount for this class.**

Dina DiRoma **90 days to complete course** **ONLINE** **Fee=\$90**



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